



TAKE TWO HEALTH

Where Your Doctor Works for YOU!



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QUESTIONS TO THINK ABOUT if you're undecided about COVID-19 Vaccine

How high is your risk for being EXPOSED to the virus? Consider:

- Do you routinely have close contact with people who have tested positive for COVID-19?
- How many people do you come into direct contact with each day?
- How big is your "bubble" - including who members of your household are exposed to?
- How often do you go out in public, especially indoor spaces with other people around?
- Do you wear a mask whenever you're out among others? Does everyone in your bubble?

How high is your personal risk for getting severely ill if you get exposed? Consider:

- Are you age 60 or above? 70 or above?
- Are you overweight?
- Do you have diabetes?
- Do you have a chronic lung disease?
- Do you have high blood pressure (even if controlled on medication) or other heart disease?
- Do you have chronic kidney disease?
- Do you have an active cancer?
- Do you have an autoimmune disease?
- Are you immunocompromised?
- Are you so stressed, overworked, or affected by unhealthy or abusive relationships that your health and resilience are affected?

Are you at higher risk for adverse effects or complications of a vaccine?

- Do you have a health condition that affects your immune system, including:
 - autoimmune disease, or
 - currently receiving cancer treatment, or
 - currently receiving other immunosuppressive treatments, or
 - currently ill with a high fever or severe symptoms?
- Persons known to be allergic to Polyethylene Glycol or Polysorbate should NOT be vaccinated at this time
- Have you had previous severe allergic reactions such as anaphylaxis?
- Have you had previous severe side effects or complications with other vaccines?

If you are still uncertain whether vaccination is the right choice for you, we recommend you make an appointment to discuss your own unique circumstances and concerns further with your healthcare practitioner.